




Community Health
Worker Coalition for
Migrants and Refugees

ANNUAL REPORT

 24315 89th Pl W, Edmonds,
WA, 98026

 425 678-8011

www.chwcoalition.org



2023



Community Health
Worker Coalition for
Migrants and Refugees

ABOUT CHWCMR



We are a statewide 501c3 organization and we envision a world of health equity, social and environmental justice for migrant and refugee communities.



Board Of Directors

We advocate for social and environmental justice for CHWs serving Migrants and Refugees.

ABOUT CHWCMR

MISION

To increase the capacity and competencies of CHWs / Community Champions for meeting the needs of underserved communities by creating sustainable opportunities, implementing innovative solutions, and cultivating productive partnerships.

VISION

Achieve health equity, social and environmental justice in migrants and refugees' communities.

VISION

- Compassion
- Respect
- Honest
- Leadership
- Integrity
- Hard work
- Accessible and trusted members of the community





WE CAME TO MAKE THE U.S. A BETTER COUNTRY

Not everyone knows our story of contribution and success, I am Ileana Ponce-González, I was born in Managua, Nicaragua, I graduated from the Faculty of Medicine of the University of Nicaragua, and

Clinical Genetics from the University of Chile before I came to the US. I received a Master Degree in Public Health degree from the Johns Hopkins School of Public Health.

My family immigrated to the United States as refugees due to political conflict in our home country in the 80th. When we arrived in the US, we worked hard, my parents and brother worked 3 jobs, while paying for my education at the University. When I graduated and worked for the National Institute of Allergy and Infectious Diseases and then the Agency for Healthcare Research and Quality as a Scientific Review Officer to improve the lives of all Americans. I founded the CHWCMR, a 501c3 organization, serves migrants and refugees in Washington.

My whole life has been dedicated to fighting against social, environmental, and health disparities. It is a myth we are a burden on the US government, on the other hand, I have been paying a lot of taxes and I am very happy that this money can help everyone who needs it. The truth is that many Latinx have been helping to make this nation great, a land of opportunities and freedom.

OUR TEAM

ILEANA M. PONCE-GONZALEZ MD, MPH

FOUNDER AND EXECUTIVE
DIRECTOR



I, Ileana Maria Ponce-Gonzalez, was born in Managua, Nicaragua a land of volcanoes and lakes. As a physician and public health practitioner I am living my dream to dedicate my life to my community, particularly those who are in most needs.

MARISOL COLLANTE

PROGRAM MANAGER



My name is Marisol Collante. I'm from Chile, I qualified as a Special Education Teacher, that I practiced for about 14 years. Today I'm Program Manager of the Organization a challenge that I take with great responsibility and gratitude.

OSWALDO J. WONG

COMMUNICATION AND
PROGRAM COORDINATOR



I believe that community health work is the best path to improve people's lives, especially vulnerable communities like us, migrants, and refugees. Offering empathetic, friendly, and efficient service to those who need it most can make a difference. I am originally from the most beautiful place in the world, a magical place called Mexico. I work on the WIC and COVID-19 programs at CHWCMR.

OMAR GARCIA FERNANDEZ

PROGRAM COORDINATOR



I am Omar Fernandez G., serving as the Program Coordinator for the Coalition. Born in Mexico City, as an immigrant and LGBTQ+, I am very proud, because my life is driven by hard work, hope, and dreams. My overall goal is to continually evolve and expand my knowledge, drawing inspiration from the diverse individuals I encounter, all while maintaining a profound sense of gratitude.

MARIA L. MORENO

COMMUNITY NAVIGATOR



My name is Maria Moreno, a Mexican from the state of Michoacán. As a community navigator for CHWCMR, I have been in the Coalition for over a year helping our community with available resources.

"My phrase is do good without looking at who. But especially to those who have just arrived in this country."

SANDRA MARTINEZ

LAY LEADER



I am from Colombia and I manage the program of Oral Health . I am very proud to be part of CHWCMR, because I have the opportunity to help the community to improve their quality of life. My mission in life is to help and support people

ABOUT US

PROJECTS AND PROGRAMS



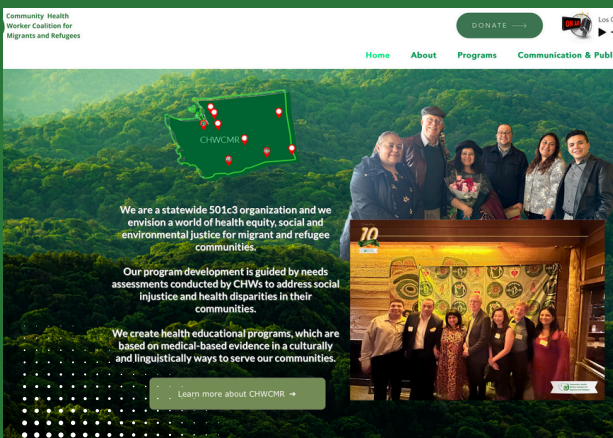
Our program development is guided by needs assessments conducted by CHWs to address social injustice and health disparities in their communities. We create health educational programs ways to serve our communities.

CHW RADIO LOS ORIGINALES



CHW Radio Los Originales is much more than a radio station; it is a vital resource for the community. The station has proven to be an invaluable support for CHW's, providing updated information, entertainment, and connection at a time when the community needs it most.

WEB DEVOLVEMENT



Our website isn't just our organization's portal; it's our central hub for work and activities. We continually update it to showcase the diverse styles and cultures of our team and CHWs. It serves as both a current program guide and a historical archive of our community work in Washington state.

ART THERAPY

Our Art Therapy Program in 2023

All canvas, acrylic painting and rest of materials were submitted for free

The art therapy is one of the most popular project with 100% of participating

Benefit 18 participant experience depression

Every two week parents joined with children to paint together



Participants is from 3 to 65 years old

CHWCMR/CHOICE

In 2023, Our CHWs provided with Health and Social services to people tested positive for COVID-19 through the CHOICE Program in the Central Western Washington region



Encounters

- Employment
- Adult learning
- Medical home
- Health insurance
- Family planning
- Pregnancy
- Postpartum
- Medications assessments
- Education
- Social services
- Medical referral
- Housing
- Behavioral Health
- Tabaco cessation
- Family planing



CHWCMR and CHOICE are committed to ensuring that everyone, regardless of their background or circumstances, has the opportunity to live their healthiest life by addressing disparities and championing fairness and justice in health, social, behavioral, and community services.

CHWCMR, DOH, AND DH CDO ADDRESSING COVID-19



25 CITIES

- Everett,
- Edmonds,
- Lynnwood,
- Marysville,
- Seatac,
- Auburn,
- Kent,
- Orting,
- Granger,
- Renton,
- Sunnyside,
- Outlook,
- Des moines,
- Burien,
- Pasco,
- Seattle,
- Kenmore,
- Tacoma,
- Puyallup,
- Granger,
- Yelm,
- Bonney Lake,
- Issaquah,
- Yakima,
- Lacey.

10 K
Reached
Communication
Campaign

11
Workshop

110
Participantes

MENTAL HEALTH



The goal of our Walking Together Program is to increase awareness of and activate support for people with perinatal depression. During the year 2023, 8 modules composed of workshops and support groups were held, benefiting 58 participants from across the state of Washington. This effort has been possible thanks to the collaboration of the Perigee Foundation.



Participants came from 33 cities in the state of Washington. The breakdown of the cities is as follows:

The second phase of the project officially began on October 5, 2022 and ended in July 2023.



CIUDADES DE LOS PARTICIPANTES

1 Sunnyside	12 Tacoma	23 Spanaway
2 Wapato	13 Carnation	24 Olympia
3 Pasco	14 Federal Way	25 Rochester
4 Toppenish	15 Everett	26 Elma
5 Granger	16 Puyallup	27 Kirkland
6 Mabton	17 Shoreline	28 Redmon
7 Seattle	18 Lake Stevens	29 Duvall
8 Centralia	19 Lynnwood	30 Grandview
9 Covington	20 Shoreline	31 SeaTac
10 Auburn	21 Mount Vernon	32 Lakewood
11 Kent	22 Burlington	33 Edmonds



PARTICIPANTS

GROUPS

FACILITATORS



RECYCLING COMPOSTING

4- Con 3 botellas de vidrio reciclado, se ahorra energía suficiente para mantener encendido un refrigerador durante 24 horas.

Se salvan 6 árboles por cada tolenada de papel

Workshops

1/25/2023

Taller en Entre Hermanos - 21 participants from Kent, Seattle, Burien, Lynnwood, Charlotte, Puyallup, Lakewood, Bellevue
Containers for recycling for participants were provided

2/10/2023

Taller Virtual - 25 participants from Everett, Lynnwood, Edmonds, Bothell, Mountlake Terrace

4/8/2023

Taller EWC - 18 participants from Auburn, Everett, Bothell

4/12/2023

Taller en Lynnwood - 32 participants from Everett, Edmonds, Lynnwood, Mountlake Terrace, Bothell, Redmond, Seatac, Marysville, Kirkland, Snohomish

5/27/2023

Taller en Lynnwood - 25 participants from Lynnwood, Edmonds, Everett, Mountlake Terrace

11
WORKSHOPS

121
PARTICIPANTS

15.K
SOCIAL MEDIA
OUTREACHED



TALLER DE RECICLAJE

¡CUIDEMOS NUESTRO MEDIO AMBIENTE!

27 DE MAYO

BIBLIOTECA DE LYNNWOOD

19200 4400

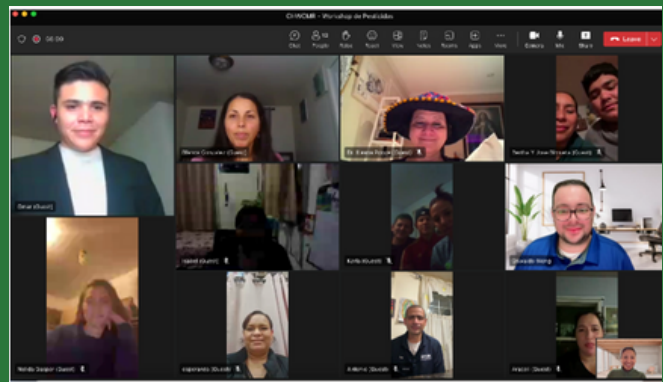
LYNNWOOD

11

PESTICIDES 2023

In 2023, we continued with our effort to reduce solid waste among migrants and people working on landscaping by training 100 participants and conducting an intensive communicative campaign on proper handling and risks associated with pesticide management in Washington State.

Throughout the year, we engaged in a series of panels, interviews, and social media event discussions led by Dr. Ileana Ponce, CHW with migrants, growers, and experts in the field of pesticide management and environmental protection against hazards.



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FOOD BANK

In 2023, CHWCMR & Edmonds Food Bank collaborate to provide with healthy and safety food to families in Snohomish by year-end.

This endeavor has been an exciting journey, focusing on providing quality food and dedicating time to serve the community as endorsed by the coalition.



FAMILIES

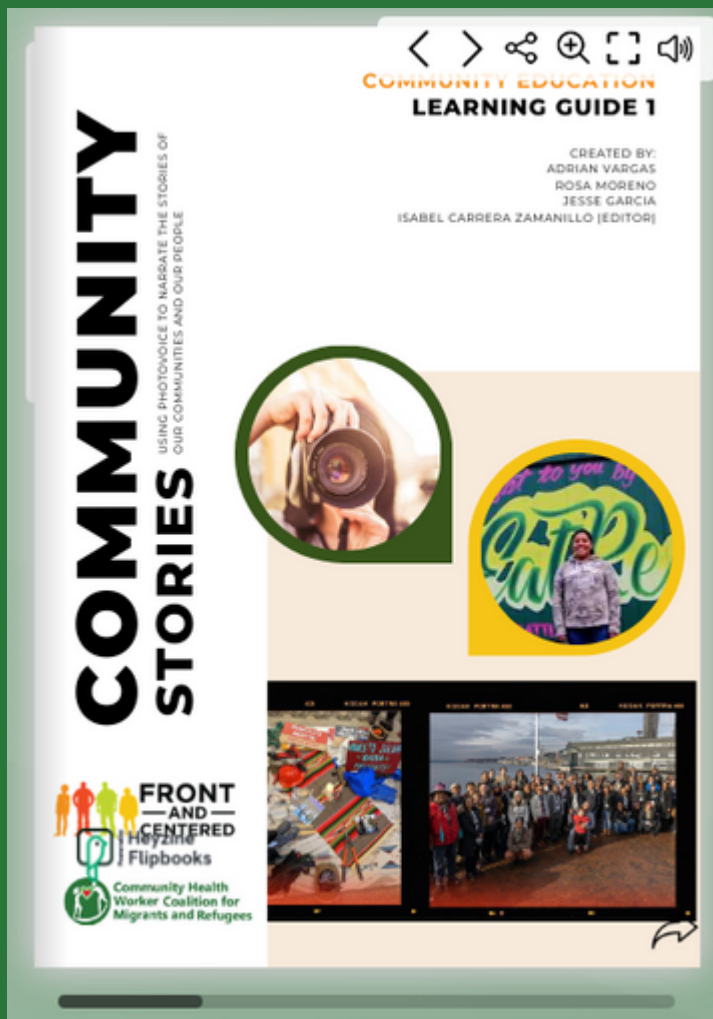


YOUTH ENVIRONMENTAL AMBASSADOR



Community Health Worker and Front and Centered collaborated to engage Latinx youth in Environmental Justice.

The participants learn about project management, leadership, and communication skills. Our three ambassadors, Jesse, Rosita & Adrian, had the opportunity to facilitate the presentations they created and shared resources in their communities to foster dialogue and reflection on topics regarding pollution, restoration, connections between culture and nature, food sovereignty, transportation, energy, and more.





WIC AMBASSADORS SNOHOMISH

THE WIC PROGRAM (WOMEN, INFANTS AND CHILDREN NUTRITION PROGRAM) OFFERS HEALTHY FOOD AND OTHER BENEFITS TO FAMILIES, ESPECIALLY PREGNANT WOMEN, NURSING MOTHERS, NEWBORNS AND CHILDREN UNDER FIVE YEARS OF AGE. IN 2017, WIC REACHED ABOUT 275,000 PEOPLE IN WASHINGTON, INCLUDING NEARLY HALF OF THE BABIES IN THE STATE. HOWEVER, THE DISPARITY IIN THE POPULATION WE SERVE PERSIST BECAUSE 33% OF LATINX BABIES AND MOTHERS WHO QUALIFY FOR WIC STILL DO NOT HAVE ACCESS.

OUR CHW'S AMBASSADOR WIC PROGRAM ENSURE THAT ALL LATINX BABIES AND MOTHER WHO QUALIFY FOR WIC IN SNOHOMISH COUNTRY ARE INVOLVED IN THIS PROGRAM



REFERRALS



REACHED PEOPLE

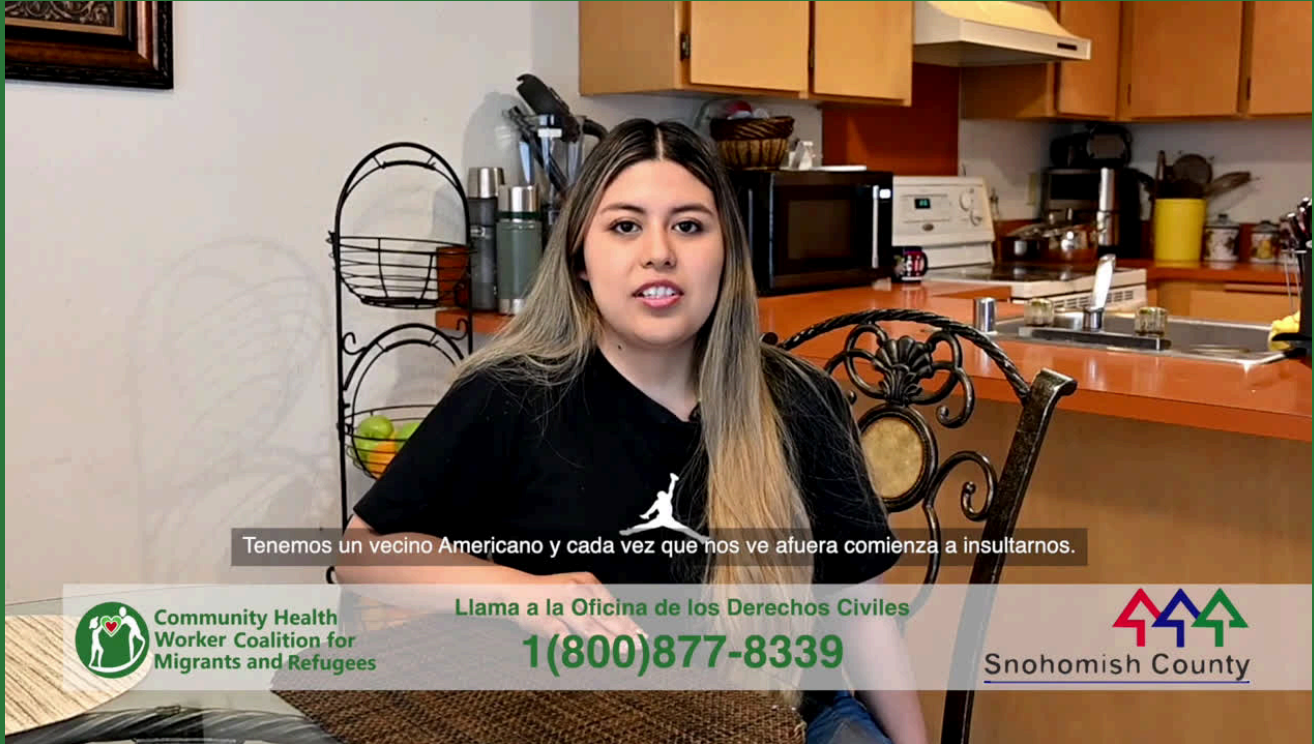


CAMPAIGN
COMMUNICATION



CONTACTS FOR WIC
INFORMATION ARE LATINX-
MIGRANTS, AND REFUGEES

STOP RACISM FOR SOCIAL JUSTICE



Community Health Worker Coalition for Migrants and Refugees is working with youth to reduce discrimination among Latinx in Snohomish.

Social injustice and racism are two words hard to hear, although we are an important part of Washington State, we have experienced discrimination, and racism based on our accent, color skin, culture, sexual orientation, and only because we are Latinx. Our children and youth are emotionally treated and stereotyped as dummies.

Unfortunately, there is a structural barrier faced by people who are victims of racism and discrimination, and most of the time these attacks go unnoticed. Therefore, CHWCMR and the Snohomish County Executive Office are working together to create meaningful changes and combat racism in our county. Our Program, Youth Ambassador for Social Justice, developed a communication campaign to educate our youth about what to do if they are victims of racial attacks, here is the narrative of Mrs. Margarita, a Latinx community leader who shared her own experience with her son within the School System in Snohomish.



ORAL HEALTH



In 2023 oral health workshops were conducted to reduce health disparities. An oral health fair to receive free cleaning was offered to the community along with training ambassadors to help educate people on oral health and the benefits.



DENTAL APPOINTMENTS



TRAINED PARTICIPANTS



ACTION PLANS



A 5-month program was created to assist participants in their groups to improve their health benefits by increasing water consumption. By being a part of this program, participants received resources and information to achieve the goal of improving their health habits.



SELF-CARE 'S DAYS WITH OUR COMMUNITY CHAMPIONS

Self-care is an important part of mental health. Our CHWs represent to agricultural workers, refugees and undocumented people of our

As a CHW, sometimes the needs of the community look overwhelming and most of the times frustrated. This is for all social and environmental barriers that we have to face to advocate for those who don't have a voice. Therefore, CHWCM has some programs dedicated to our self-care.



Nos unimos para compartir

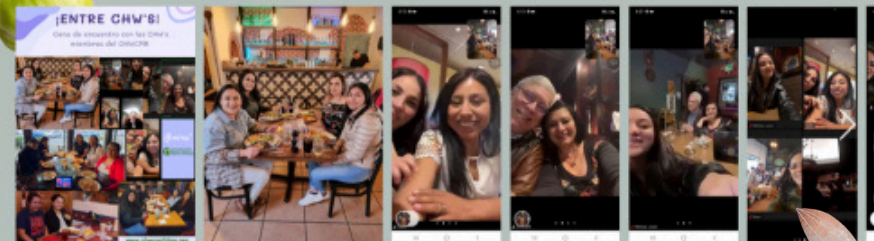
CHWCMR SPENDING GOOD TIME WITH OUR CHWs



PIERCE, TACOMA AND KING COUNTIES



OLIMPYA, RENTON, LEWIS, ARBURN



WEB PAGE

OUR 10TH ANNIVERSARY CELEBRATION AND APPRECIATION DINNER 2023



GALA NIGHT 2023
Community Health
Worker Coalition for
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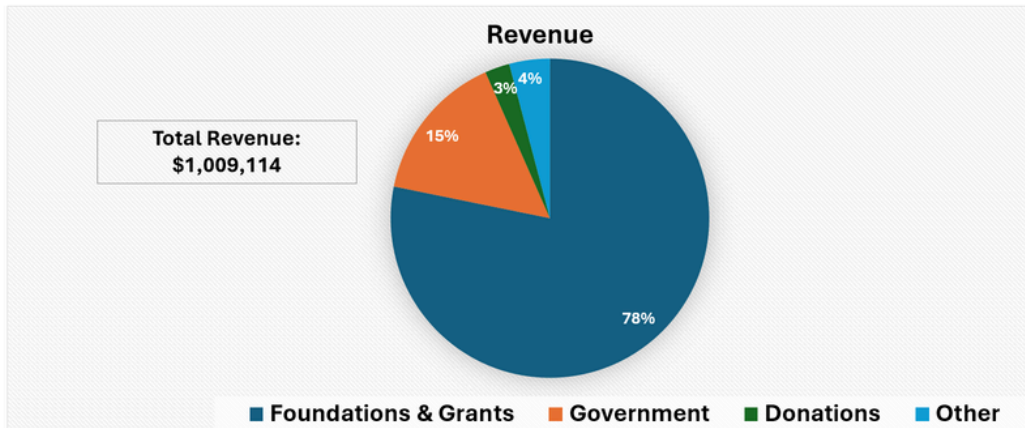
Thank you for joining us during these 10 years of learning and experience. We invite you to celebrate with our CHWs another year of struggle, learning, education and communication.

Walking Together, we reduce injustices in health, social and environmental care.

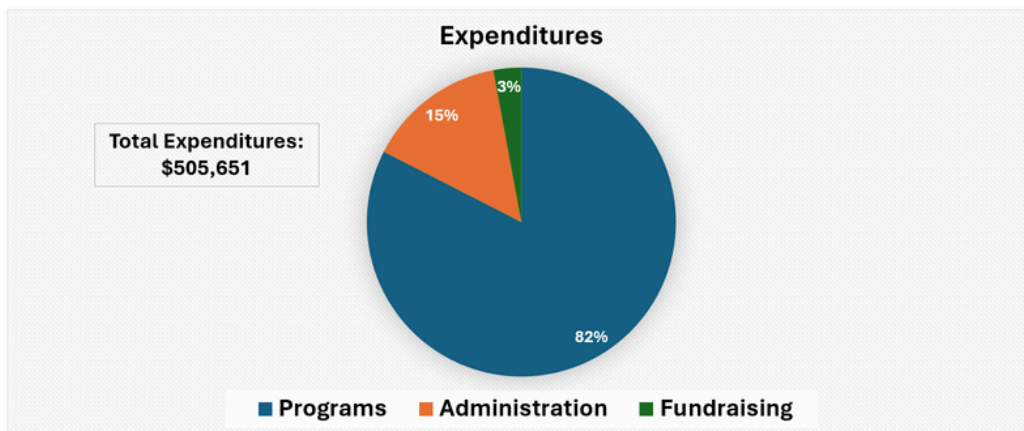


FISCAL YEAR REPORT 2022-2023

Revenue



Expenditures



www.chwcoalition.org

THANK YOU

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